

## HOW DID WE GET HERE?

Upper Room Dallas started on Passover in April of 2010. After Passover, a dozen people began praying on Sunday nights for the city of Dallas to see Jesus pour out His Spirit in love and power. It happened. Over the course of the next seven years, a culture has been established in Dallas where heaven's realities are becoming a norm. We call this culture the "In & Out Lifestyle. We have seen 1000's touched in Dallas through the lives of Upper Roomer's in our city." (Mark 14:12-16)

## WHAT IS THE IN & OUT LIFESTYLE?

The In and Out Lifestyle is centered upon Loving God and Loving People by daily Coming In (worship, prayer, intercession) and daily Going Out (ministry, work place, service, missions). This rhythm of life is centered upon the first commandment (loving God) and second commandment (loving people). Coming In properly will naturally result in Going Out properly. This lifestyle has created the "Upper Room Culture" of love and power that is transforming communities. (Matthew 22:36-39, Ezekiel 46:9-10, Ephesians 3:14-19)

## WHERE IS IN & OUT IN THE BIBLE?

The In & Out Lifestyle marked the life of Moses, Joshua, Caleb, David, Solomon and more. It was the hallmark quality for effective leadership in the nation of Israel. In fact, the In & Out Lifestyle is mentioned in Moses' retirement, Joshua's appointment, Caleb's final victory, and Solomon's request for wisdom. Ezekiel mentions the In & Out Lifestyle when he describes the order of service in Coming In before the Prince, being changed, and going out with power. Needless to say it's an important activity for us to understand. (Deuteronomy 31:2, Numbers 27:15-23, Joshua 14:11, 1 Samuel 18:16, 1 Kings 3:7, Psalm 121:8, Jeremiah 17:19-27, Ezekiel 46:9-10)

## HOW DO I "COME IN" AT UPPER ROOM?

The primary activity that defines Coming In for the believer is worship. Worship is expressed through song, prayer, adoration, praise, thanksgiving and other activities that focus one's heart on encountering Who Jesus is. This is the centerpiece for community at Upper Room. Our mandate from the Lord is to gather his people daily for corporate worship, praise, thanksgiving, adoration, and intercession through song and scripture. (Psalm 55:17, Daniel 6:10, 1 Thessalonians 5:16-18) Upper Room's focus and labor is unto this primary activity of corporate worship. Our desire is to see a city set on a hill that participates in this activity daily. We envision men and women from every denomination, socioeconomic background, and ethnicity Coming In to participate in the daily exaltation and magnification of His name above their lives and city, all together in one place. This was the fruit of the first church (upper room) and it will be the fruit of the church in the last days. Coming In was the definition of Jesus' description of His church when he described Her as "a House of Prayer for All Nations". The unity sought by the church today will be found in no other place. Coming In (activity) is the foundation to creating and sustaining a move of God on the earth today. Beyond men's gifts and resources, this activity places people beneath God who is the giver and possessor of all things. (Acts 2:2, Matthew 21:3, Mark 11:17, Isaiah 56:17, Psalm 22:3, 1 Corinthians 3:22-23, Acts 2:46)

## WHAT IS GOING OUT?

Jesus' original Going Out commission to the 12 disciples was "freely you have received, freely give." Going Out is about presenting to the world that which we have received (Coming In) from Jesus. As you behold Him, you will become like Him for this is the goal of the Christian faith. The world is longing to encounter the Jesus we read about in the Gospels. For too long we have settled with telling the world about Jesus rather than showing the world Jesus. While our words are important, our works are too. We want to preach Paul's Gospel both in word and deed. (Matthew 10:8, Romans 8:29, 2 Corinthians 3:18, 1 Corinthians 2:4, 4:20, Romans 15:18-19) Going Out is our ability to represent Jesus to the world. If Coming In is about the Identity of Jesus, than Going Out is about the Authority of Jesus. As we encounter the King, we are commissioned to extend the Kingdom. Jesus had one primary message: "the Kingdom of Heaven is here". Worship (Coming In) results in a people who witness (Going Out) the One they have encountered resulting in heaven coming to earth (Matthew 3:2, 4:17, 6:10, 12:28, 21:31, Mark 1:15, Luke 10:9-11, 11:20, John 3:3, 1 Peter 2:9)